

## DEEPEN YOUR RELATIONSHIP

A human being is a social animal by nature. Man is the agent of socialization, and through socialization he can relate with others. God created us in such a way that we need each other in order to attain happiness, which is the highest goal of human life. Living for others is the rule of nature. Trees do not eat their own fruits, rivers do not drink their own waters, the sun does not shine on itself, and flowers do not spread their fragrance for themselves.

Remember that when you were born, you cried while the world rejoiced. You may ask yourself why the world rejoiced; it is simply because your presence can be the stepping stone for their happiness. We are all born to help each other, no matter how difficult it is. Life is good when you are happy, but it is much better when others are happy because of you.

A human being cannot live alone like an island. Even if he or she has all material things, he or she still needs others for nourishment. Positive social connections provide emotional support, reduce feelings of loneliness, and create a sense of belonging. Socialization allows us to create a sense of community. Edmund Husserl, in his doctrine of the intersubjective world, shows how a human being as a concrete being must be in contact with others and the world.

Jesus told His disciples, "This is my commandment: love one another as I have loved you" (Jn 15:12). True relationships should be built on the foundation of love. A true friend is like the roots of a tree: they are not seen, but they hold the tree so that it can stand firm. But those who come for a certain purpose are like leaves; when the sun shines, they fall down and disappear. People around you are really important elements in achieving any plan you need to pursue. Relationships have a reciprocal nature;

you always get the best from others when you give your best to them. There is no more precious gift a man can have than a good friend. "A faithful friend is a sturdy shelter; he who finds one finds a treasure. A faithful friend is beyond price; no sum can balance his worth." (Sirach 6:14–15). Problems and misunderstandings are parts of our lives; do not let them break our relationships with others. A mistake is just a single page in the book of life, but relationships are the whole book. So do not lose a full book for a single page. Try to be human by forgiving and letting life go on.

We live in a world of broken promises. We promise a lot, but we fulfill nothing. The main problem is that when we do not keep our word, we lose credibility. When we lose credibility, we break the bonds of trust. And breaking the bonds of trust ultimately leads to a string of broken relationships. We should learn to develop a philosophy of honesty to strengthen our bonds. Deepening your relationship with others is not just about love, but about creating a sanctuary of genuine connection in a world where distraction and disconnection are caused by social media. In a time when everyone is shouting to be heard online, be a person who truly listens to others.

Submitted by  
Frt. Adrian Massawe  
3<sup>rd</sup> Year Philosophy  
at Ntungamo Major Seminary

